AGENDA HEALTHY SAANICH ADVISORY COMMITTEE

Saanich Municipal Hall, Committee Room # 2 Wednesday, March 4, 2020 at 6:00 p.m.

1. ADOPTION OF MINUTES (attachment)

• February 5, 2020, 2019

2. UPDATE: FOOD STANDS / FARM GATE SALES

- Manager of Community Planning
- Agriculture and Food Security Planner

3. DIVISION REPORT – COMMUNITY SERVICES (attachment)

Senior Manager of Community Services

4. PENINSULA REGIONAL CHILDCARE STUDY (attachment)

Senior Manager of Community Services

5. COMMITTEE ROUNDTABLE – ITEMS FOR FUTURE AGENDAS

Committee Discussion

* Adjournment * Next Meeting: April 1, 2020

Please advise Jeff Keays the committee secretary at jeff.keays@saanich.ca or 250-475-1775 local 3430 if you are unable to attend.

Go Green! Members are encouraged to bring their own mug to the meeting.

MINUTES HEALTHY SAANICH ADVISORY COMMITTEE Held at Saanich Municipal Hall, Committee Room #2 February 5, 2020, 6:03 p.m.

Present:	Chair:	Councillor Chambers
	Members:	Claire Attwell, Carren Dujela, Ryan Henderson, Jasmindra Jawanda, and Nadia Rajan.
	Staff:	Cristina Caravacas, Senior Manager, Community Services; and Jeff Keays, Committee Clerk
	Regrets:	Dr. Teale Phelps Bondaroff; Teri VanWell (SD 63)
	Guests:	Silvia Mangue Alene, President, Kulea Love Community Support Services and Kulea Culture Society; Paul Schachter, Treasurer, Kulea Culture Society; Katie Underwood, Owner, Elemental Farms

MOTION

MOVED by J. Jawandra and Seconded by C. Atwell: "That the minutes of the Healthy Saanich Advisory Committee meeting held November 27, 2019 be adopted as circulated."

CARRIED

CHAIR'S REMARKS

The Chair welcomed members to the first meeting of the 2020, before providing an update on Council business. The following was noted:

- Recently appointed as the Council liaison to the Victoria Family Court Committee.
- Feels privileged to be representing Saanich in restorative justice efforts.
- Council endorsed a recommendation to seek an increase Active Transportation Plan spending by \$2,000,000.00 as part of the 2020 Financial Plan.
- Submitted two notices of motions to Council:
 - Letter of support for the Wet'suwet'en
 - Letter of support for Free Contraception
- Considering an additional motion with regard to the practice of conversion therapy.

The Chair then convened a round table of introductions.

KULEA LOVE COMMUNITY SUPPORT SERVICES & KULEA CULTURE SOCIETY

The Chair introduced, Sylvia Mangue Alene, President of Kulea Love Community Services, who provided the committee with an overview of the service. The following was noted:

Kulea Love Community Support Services

 Kulea is a Swahili word that means "caring from the heart" and encompasses the services philosophy of care.

- Kulea Love Community Support Services (KLCSS) is a social enterprise that was created to enhance community living by providing help with everyday life activities.
- KLCSS employs immigrant women in an effort to help overcome employment barriers (education/accreditation, language, adapting to new customs etc.) and achieve the financial independence they need to support their families.
- KLCSS provides non-medical support for anyone in Greater Victoria who needs it. Support is
 provided by vetted and bonded staff who provide flexible, customer-centered services to help
 people with everyday activities.

Committee discussion ensued, the following was noted:

- Kulea currently employs three women.
- Additional employees will be hired as the service expands their client base.
- The service has not partnered with any other organizations at this point.
- The service helps new immigrants build their cultural capacity for indigenous persons with whom they often share a historic legacy of colonialism.

Kulea Culture Society

The presentation was turned over to Paul Schachter, Treasurer, Kulea Culture Society who provided committee with an overview of the society and their initiatives. The following was noted:

- The purpose of the society is to raise awareness about, and reduce instances of ethno-racial prejudice, discrimination and stereotyping by encouraging respect for diversity, inclusion and equity.
- The society is a registered non-profit society.
- The society utilizes education, information, consultations, programs, conferences, crosscultural exchanges and research to help achieve their goals.
- Kulea Culture Society has a vision of fostering a community where diversity is embraced and appreciated in a way that every single human is valued and
- Diversity is not a trend, it is a way of living and a culture that needs to be learned.
- Coordinating a two-day Colourful Business conference that will focus on entrepreneurs from racialized and indigenous communities.
- The topics for workshops and lectures will be chosen by the participants.
- The conference will feature 50 racialized entrepreneurs.
- The majority of the conference will be closed to the general public; however, there will be a
 public showcase where the public will have an opportunity to interact and meet with
 entrepreneurs.

Committee discussion ensued:

- The event will be held at the Victoria Conference Center on September 26, 2020.
- The intent of the public showcase is to help break down barriers, biases and prejudices.
- The event will utilize a social media campaign.
- Currently seeking grants and contributions (monetary and in-kind) to help these racialized entrepreneurs overcome barriers to their participation.
- The event meets the criteria of the Victoria Foundation. The society will submit an application as soon as the funding window opens.
- City of Victoria is providing \$5000 in in-kind services.
- Charitable receipts will be provided.
- Healthy Saanich would appreciate an update on the event as it progresses. The Clerk will follow up prior to the summer break.

CHEF'S CHALLENGE

The Chair introduced Katie Underwood, Owner of Elemental Farms, who provided the committee with an update on 2020 Chef's Challenge event. The following was noted:

- Elemental Farms is located at Haliburton Farm.
- Haliburton Community Organic Farm is a publicly-owned farm within the Agricultural Land Reserve (ALR).
- The farm was saved from development by a group of concerned citizens and the District of Saanich, who purchased the land.
- The farm has been developed as a community and educational certified organic farm.
- The farm provides a model for improving the long term economic viability of farming through cooperative and community-based organic farming.
- The farm will allow farmers entering the profession the opportunity to make a living in agriculture while learning and building skills and demonstrates the importance of financial and community support for farmers.
- Haliburton Farm is most profitable farming co-op in BC.
- Planning on resurrecting the Chef's Challenge events that were organized by, and held at Councillor Chamber's Madrona Farm.
- The event will be held at the Horticultural Centre of the Pacific, with a tentative date of September 27, 2020.
- The event will promote collaboration between wholesalers, farmers and participating chefs.
- The event will include indigenous chefs.
- This will be an alcohol free event.
- An application has been submitted to Saanich for a Community Building Grant: Special Event and will be notified in May if they have been approved.
- Outreach to community partners is ongoing.
- Would be happy to come back in the spring with a status update.

MOTION

MOVED by C. Dujela and seconded by N. Rajan that: "The Healthy Saanich Advisory Committee support the Haliburton Farms, Chef's Challenge event to be held at the Horticultural Centre of the Pacific."

COMOX VALLEY FOOD POLICY COUNCIL

The Clerk circulated the Saanich Agriculture and Food Security Plan Update, dated September 23, 2019 (previously distributed) and the Comox Valley Food Policy Council.

The Clerk advised that the

DIVISION UPDATE – COMMUNITY SERVICES

The Senior Manager, Community Services provided an overview of the community services report dated February 5, 2019.

REVIEW OF COMMITTEE PROCEDURES & DATES

The Clerk circulated the District of Saanich 2020 Advisory Committee Member Information Package, dated January 14, 2020; The Healthy Saanich Advisory Committee 2019 Member's Reference Guide; and the revised Committee Terms of Reference, dated January 28, 2020.

The Clerk provided a high-level overview of the documents, and advised that Legislative Services will be hosting a more formal orientation workshop at the end of February.

ADJOURNMENT

The meeting adjourned at 8:35 p.m.

NEXT MEETING

The next meeting is scheduled for March 4, 2020.

Councillor Chambers, Chair

I hereby certify these minutes are accurate.

Committee Secretary

The Corporation of the District of Saanich

Report

Healthy Saanich Advisory Committee
Cristina Caravaca, Senior Manager- Community Services
03 MAR 2020
Community Services Division Update

RECOMMENDATION

That the Healthy Saanich Advisory Committee receive this report as information.

PURPOSE

The purpose of this report is to provide the Committee with an overview of Community Services Division activities.

DISCUSSION

Community Arts: Family Arts Festival took place February 17 at Cedar Hill Recreation and Arts Centre. The Honourable Carole James, Minister of Finance and Deputy Premier visited the event to celebrate Family Day with the community and get hands-on with creativity and culture. Attendance was steady all day with an estimated 1500-200 total visits.



Through February, Saanich hosts the Intercultural Association of Greater Victoria (ICA) Youth Art Project, *This is Me* in the Cedar Hill Arts Wing. This exhibit focuses on identity, race, faith and belonging through painting and collage "portraits" and words of seven newcomer youth. In its first week of display, heartfelt feedback has been received by community members including recent immigrants who were deeply moved by the expressions and experiences of the youth, resulting in new connections to upcoming ICA arts and engagement initiatives.

ICA Youth Art Project: This is Me

This month Saanich hosted two Youth Spoken Word Open Mic Nights in partnership with the Victoria Poetry Project and local high schools. Mentored by community poets and teachers, youth gain experiencing hosting events and performing amongst peers, family and community. Entrance by donation, proceeds support spoken word teams travel and participate in regional and provincial spoken word competitions.

Diversity and Equity: January 27th was our first ever Lunar New Year Celebration at Saanich Municipal Hall. Hosted in partnership with the Chinese, Korean and Vietnamese community, there was food, musical performances and concluded with a Peking Opera performance.

Muslim Women and Girls programming is going strong with three weekly fitness classes, bi-weekly weight room drop-ins at Gordon Head Recreation Centre and bi-weekly sports drop-ins at Colquitz Middle School.

In mid-February approximately twenty Parks and Planning staff participated with a Lekwungen Territory Tour. Mark Albany from the Songhees Nation led the sessions. The tour took staff to six locations to talk about the history of the location, traditional practices and impact of colonization on the locations and the region.

Inclusion and Accessibility: Since the inception of Saanich's Leisure Assistant Pass program in late July 2019, the department has issued 296 passes to date. Pass applications continue to grow as the community becomes more familiar with the new procedures to obtain passes through their municipal recreation centre. Recreation Integration Victoria will no longer provide support though their regional Leisure Assistant Pass as of March 31, 2020.

As predicted, requests from families continue to grow for Saanich Inclusion Leaders. We are on the path to provide 1-on-1 support to a dozen families for Spring Break Camps (March 16-27). Inclusion Leaders supervise and assist participants with additional physical, behavioural or developmental support requirements in order to accommodate their participation in camp experiences.

Older Adult Services: The NEAT (Neighbours Engaging in Activities Together) program will continue into 2020 with remaining grant funding from 2019. The next site started Feb 10th at Mt Douglas Housing Society with strong interest. This not-for-profit residence recently opened their new apartment building and now houses 140 older adults on low income.

The NEAT program will be highlighted in BCRPA Snapshots at the 2020 Conference. Snapshots are short presentations on big ideas, concepts and innovative programs that are being coordinated around the province. Community Service staff members, Julie Wallace and Laura Van Dyk, will co-present this topic.



Initial dialogues have begun with the Victoria Native Friendship Centre and Saanich Community Services to build a relationship between Saanich Parks, Recreation and Community Services and VNFC Elders. Elders have expressed an interest in learning about opportunities in recreation and community but feel uncomfortable and sometimes unwelcome in recreation centres. Dialogues will be scheduled to hear more about what they are looking for and how we can work together to welcome them into our programs and centres.



Special Events: NEW Earth Day 2020 Saanich! The Saanich Cycling Festival is growing and expanding for 2020 as the district launches the new Climate Action Plan and celebrates the 50th anniversary of Earth Day.

Saanich Municipal Hall provides a unique and central destination for an Earth Day event, and having Swan Lake next to the Hall adds another nature element to the celebration. The event will focus on cycling as the primary way to get to the Hall but there will be a number of new activities added such as nature walks at Swan Lake, Climate Action presentations in the Council Chambers, Farmers Market vendors as well as a variety of food trucks.

Earth Day 2020 Saanich – Save the Date

Active Transportation | Education | Climate Action Sunday, April 19, 2020, 11:00 am – 3:00 pm at Saanich Municipal Hall

Youth Services: As Cedar Hill Recreation Centre (CHRC) is the only Saanich Recreation Centre without a formal teen centre, Youth Services has been focusing on building capacity through joint programming, outreach and event support since the Youth Development Strategy was passed in 2015. A desire for more youth programming in the Cedar Hill neighbourhood was also identified as a priority through the recent Recreation Market Analysis.



To that end this fall we ramped up our direct programming efforts and implemented a new Friday night social drop in for youth at CHRC. Youth are able to drop in, enjoy some social time, and if they choose to, participants can partake in a number of special activities such as baking, racquet sports, or various art based workshops. Recognizing the needs for youth to be physically active as well as socially engaged, we've been piloting free access for youth to use the weight room at CHRC between 7-10pm. This coincides nicely with the free weight room orientations that Saanich offers to youth at all four recreation centres. Since its inception in mid-September, we've seen over 100 youth attend the drop in and we anticipate seeing those numbers increase over winter spring 2020.

Are you a parent or guardian of children 12 years old or younger? We want to hear from you!

Child Care Action Plan Project

The municipalities of Central Saanich, Highlands, North Saanich, Oak Bay, Saanich, and Sidney have partnered to develop an inventory of child care spaces and create an action plan to increase the availability of child care in our communities.

Join the

Complete our survey at bit.ly/childcareproject

CONVERSATION: • Tell your story at an open house

open houses:

- Greenglade Community Centre, Sidney. Feb 22, 10am-12pm
- Commonwealth Place. Feb 22, 2-4pm
- Central Saanich Cultural Centre, Feb 29, 10am-12pm
- Saanich Neighbourhood Place, Feb 29, 1:30-3:30pm
- Panorama Rec Centre, Mar 3, 5:30-7:30pm
- Oak Bay Neighbourhood Learning Centre, Mar 5, 6-8pm
- Caleb Pike Heritage Park, Mar 7, 10am-12pm

